



WOMEN'S HEALTH IN WOMEN'S HANDS COMMUNITY HEALTH CENTRE

RESEARCH PROJECT OVERVIEW

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| Title: | Determining the Components of a Trauma-Informed Intervention to Improve the Mental Well-Being of IRN PHAs |
| Principal Investigator(s): | Wangari Tharao; Mona Loutfy; Josephine Wong; Mercedes Umana; Carmen Logie |
| Co-Investigator(s): | Alan Li; Valerie Pierre-Pierre; Liviana Calzavara |
| Project Duration/ Funding: | SRC: 2012 – 2013 Funding: \$21,391 |

Project Summary:

The aims of this project were: a) to utilize the scoping review methodology to assess the extent, range and nature of evidence-based and community-generated academic and grey literature on interventions relevant to addressing the mental health and well-being of Immigrant, Refugee and non-status (IRN) PHAs; b) consult with stakeholders to inform and confirm the findings, and c) use the scoping review findings to develop a trauma-informed therapeutic intervention which can be piloted within a variety of settings working with IRN-PHA populations across the country.