



WOMEN'S HEALTH
IN WOMEN'S HANDS
COMMUNITY HEALTH CENTRE
INCREASE • INNOVATE • IGNITE

ANNUAL REPORT 2015





WOMEN'S HEALTH
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THE MANDATE

of Women's Health in Women's Hands (WHIWH) Community Health Centre is to provide primary healthcare to racialized women from the African, Black, Caribbean, Latin American and South Asian communities in Toronto and surrounding municipalities. We are committed to working from an inclusive feminist, pro-choice, anti-racist, anti-oppression, and multilingual participatory framework in addressing the issue of access to healthcare for our mandated priority populations encompassing gender, gender identity, race, class, violence, sexual orientation, religion, culture, language, disability, immigration status and socio-economic circumstances.

OUR COMMITMENT

- Working together as a multidisciplinary team to provide quality health care.
- Addressing the issue of access to healthcare (encompassing all the determinants of health) caused by poverty, gender, race, violence, sexual orientation, religion, culture, language, disability, class, and socio-economic circumstances.
- Developing strategies to remove the barriers embedded within the healthcare system which strongly influence how one experiences health and how one is treated by the health care system.
 - Advocating for and with our communities for change.
- Participating in community activities which create the social and environmental conditions that promote health and wellness.
- Enhancing women's sense of well being in an atmosphere that allows us to validate each other's definitions and experiences.
 - Supporting women's right to make informed choices about our health.

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STRATEGIC PLAN 2012-2015

Recommended by the Board of Directors for endorsement by the WHIWH membership at its annual general meeting September 27th, 2012

GOAL

To increase access to and provide primary healthcare for Black Women and Women of Colour from the Caribbean, African, Latin American and South Asian communities in Metropolitan Toronto and surrounding municipalities

DIMENSIONS OF CARE

■ Client Centered Care ■ Evidence Based Practice ■ Quality Service Delivery

STRATEGIC DIRECTIONS

- 1** WHIWH will provide excellent primary healthcare for its priority populations by delivering high quality, client centered and evidence informed primary healthcare with a focus on diabetes, mental health and HIV/AIDS.
By 2015 WHIWH will:
 - Establish and meet performance metrics relevant to our priority populations
 - Use evidence to identify community needs and service locations
 - Draw upon best practices to develop service delivery models appropriate for our priority populations
- 2** WHIWH will facilitate and conduct research that improves service delivery and policies affecting its priority populations
By 2015 WHIWH will:
 - Develop and implement a sustainable research model
 - Align research with primary healthcare priorities
 - Generate and disseminate research for evidence informed services; systems planning, advocacy and public policy work
- 3** WHIWH will engage in strategic partnerships that align with the organizations primary health care plan as well as system integration priorities.
By 2015 WHIWH will pursue partnerships that:
 - Expand its geographic reach
 - Build organizational capacity and
 - Facilitate client access to services which address the broader determinants of health models appropriate for our priority populations

OUTCOMES

- 1** Increased access to primary healthcare for WHIWH priority populations
- 2** Improved outcomes for our clients in relation to primary healthcare priorities : diabetes, mental health and HIV/AIDS
- 3** Increased research generated and disseminated for the improvement of service delivery for our priority populations

Message from the WHIWH Board Chair and Executive Director

"I have found that among its other benefits, giving liberates the soul of the giver."

-Dr. Maya Angelou

Women's Health in Women's Hands Community Health Centre has been and continues to be a centre that is focused on its commitment to quality healthcare while providing a supportive environment for the many women that walk through our doors.



For the past 24 years, WHIWH-CHC has worked with our clients, our funders and other stakeholders to ensure that excellent service and equitable access to healthcare were at the core of everything we do. As the climate in which we provide care changes, we continue to evolve with it, working diligently and remaining focused on removing barriers that inhibit individuals from leading healthy lives.

We understand that health care delivery is a partnership with our clients and communities and that client centred care, evidence based practice and quality service delivery are the main components of that partnership. This is why we continue our strategic commitment to working within these core dimensions of care.

We would also like to take the opportunity to thank our clients, staff, volunteers, community partners and funders for their unwavering support. Without the collective efforts of each and every one of you, WHIWH-CHC would not be what it is today for so many people. We welcome you to continue your partnership with us and continue to make WHIWH-CHC an excellent place for women to receive care.

In Solidarity,

Suja Suntharaligham
Board Chair

Lori-Ann Green-Walker
Acting Executive Director

WHIWH Board of Directors



Suja Suntharaligham
Chair



Sarah Beech
Vice-Chair



Cherry Leung
Treasurer



Karla Orantes
Secretary



Vijaya Chikermane
Member at Large



Jewel Amoah
Member at Large



Victoria Morena
Member at Large



Maria Stevens
Member at Large



Kelita Vera-Espinola
Staff Representative



Fernanda Villanueva
Staff Representative

Client Centred Care

Highlights from the 2014/15 client survey:

Two hundred and twenty six (226) clients participated in the survey this year.

The most utilized services in the past year included: a) Clinical services, such as seeing a doctor, nurse or nurse practitioner, 70%; b) Nutritional counseling and meeting with a dietician, 32%; c) Mental health counseling, 24%; d) Chakula Bora emergency food bank, 23%; e) Foot care, 23%; Groups including Pre/postnatal link, yoga and dance, support groups), 20%; f) Diabetes education, 14%; g) Health promotion and skills development for women living with HIV, 12%; h) Participation in research, 10%; and looking for information, 10%.

66% used our services for less than 5 years.

94% would refer a family member or friend to WHIWH.

91% felt centre staff treated them with respect.

88% indicated they always or often received services in language of choice.

81% felt that services offered at the centre meets their needs.

70% of clients were in their reproductive years

78% indicated they always or often got an appointment when they needed one.

81% indicated that centre staff refer them to services and programs offered at the centre as well as those in the community.

86% indicated that health centre staff always or often spend enough time with them during an appointment

81% agreed that staff informed them about treatment options available and involved them in decision making about the best option.

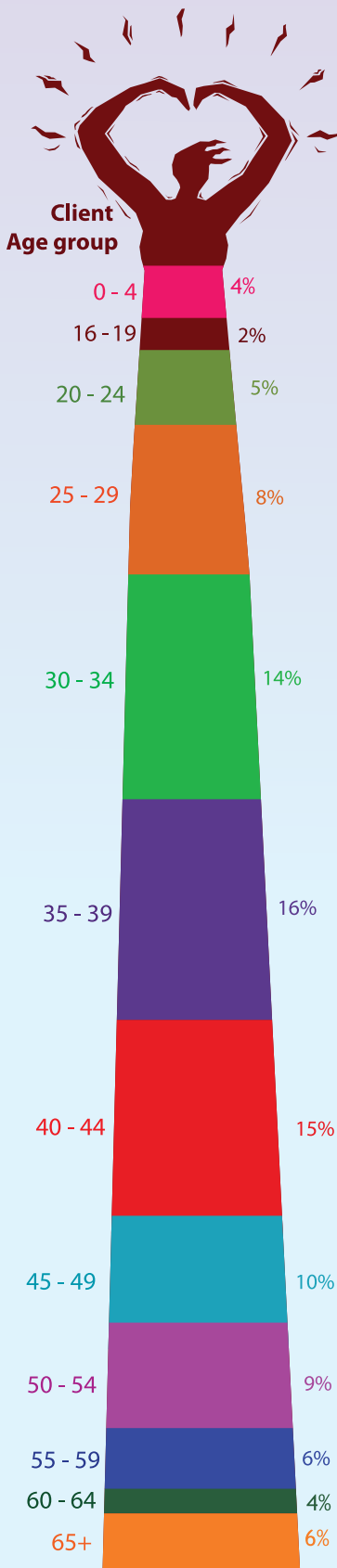
“They are here for you when no one is. They keep track of you and make sure you don’t miss your appointment.” – client survey participant 2015

“The level of care and accessibility offered by WHIWH is still practically non-existence within the mainstream healthcare system. It’s taken me about a decade to finally find a therapist who is suited to me, and I likely would have abandoned the search had I not come across WHIWH” – client survey participant 2015.

“The services that I did use- therapist especially- had a high positive effect on my life. The things I discussed within session have helped me live more consciously and encouraged me to take care of myself and my mental health in small ways every day.” – client survey participant, 2015

“Any time that I’ve spoken to someone over the phone, in order to get information, I’ve always had no problem obtaining the information that I’m seeking. Even if the person I’m speaking to can’t answer my questions, they always connect me to the person/people who can.” – Client survey participant 2015

Evidence Based Practice



Top 10 Reasons for Visiting WHIWH

1. Food Insecurity
2. Annual Physical/Reproductive Health
3. Depression
4. Diabetes
5. Anxiety
6. Foot Care
7. Immigration Issues
8. Hypertension
9. Prenatal Care
10. HIV/AIDS

Top 10 Countries of Origin

- 1 St Vincent and the Grenadines
- 2 Jamaica
- 3 Canada
- 4 Saint Lucia
- 5 Mexico
- 6 Grenada
- 7 Trinidad and Tobago
- 8 Columbia
- 9 Guyana
- 10 Nigeria

Top 5 Languages Spoken:
English
Spanish
French
Portuguese
Swahili

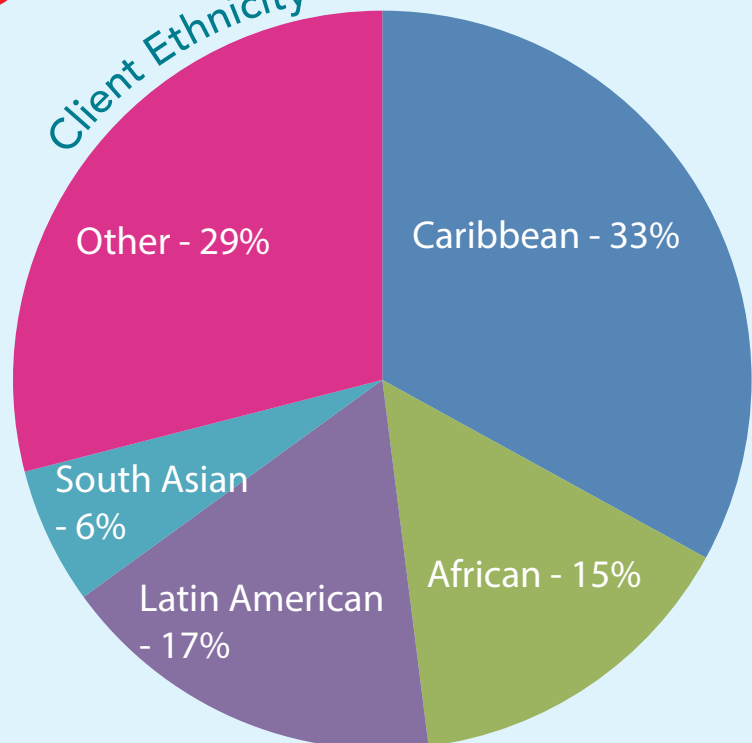
Number of Active Clients
2700

Number of Client Visits
9,800

Social Media and Communication

Tweets: 1953
638 Facebook Likes

Client Ethnicity



Quality Service Delivery

Mind and Body Movement Program

In 2014, WHIWH CHC launched the Mind and Body Movement (MBM) Program, which consists of a collection of classes and groups that promote wellness of mind and body through physical activity. This year, we once again offered a wide variety of Yoga, Zumba and Tai Chi classes at the Centre, and in response to high participation rates and community demand,



we added Latin Groove and a Wellness Walking Group to MBM. In addition, we have partnered with other organizations in the city, including the St. James Town Community Corner, Newcomer Women Services and Central Neighbourhood House to reach and inspire new community members and encourage women to use physical activity to improve their overall health. The MBM program is continuously evolving to respond to women's needs and desires and we look forward to another year of active living!

Love Me, Love Me Not MORE

Love Me, Love Me More is a young women's group, which supports women to develop and find their voice by strengthening their understanding of themselves and the world around them. The group provides a safe space which emphasizes themes of self-love and sisterhood, and promotes self-esteem, leadership and learning and skill developing regarding healthy relationships. We take a strengths based and confidence boosting approach and use creative activities, such as poetry and dance to promote introspection on topics that young women identify as being relevant to them. This year's group addressed topics such as mental health, women's worth, women's beauty and black history.



Grocery Store Tours

The Diabetes Grocery Shopping Tour is a hands on learning program run by our Registered Dietitians who apply adult learning principles to support people with diabetes and pre-diabetes to improve their diabetes condition or prevent or delay the appearance of diabetes. Clients who attended the program this past year went on three visits to the grocery store. During each visit they discussed the importance of the four food groups to a healthy diet, and had the opportunity to learn how to read and understand food labels. As a result of this program, clients reported that they have improved the knowledge and skills they need to make healthier food choices when grocery shopping



Caribbean Connections

The partnership between Women's Health in Women's Hands and Across Boundaries continued to flourish this past year. Across Boundaries provides support and services to visible minorities who are experiencing severe mental health problems. Together, we are facilitating a Caribbean group, which allows participants to engage with one another in an environment that recognizes and celebrates different cultural perspectives of mental health. The group creates a safe space for participants to discuss and understand how culture can impact, be impacted

by, or, perpetuate mental health. Topics that have been addressed during group sessions relate to the family unit, issues of separation, abandonment, and systemic, institutional and individual racism. Using a culture and race informed lens to explore mental health is a powerful methodology. Group participants reported that as a result of the group, they recognized that they are not alone in their journey and are developing better ways of coping with their mental health.

St. James Town Service Providers Network (SJTSPN)



This year, through our role as a member agency with the Service Providers Network in St. James Town (SJTSPN), we were happy to take on an active role in many community initiatives. We collaboratively offered cervical cancer and diabetes screenings/workshops in the neighbourhood, community consultations, and events to celebrate special days like International Women's Day. We are excited to be working with almost 20 partner agencies and community residents on a range of different initiatives, including building a safety network and civic engagement. We also take part in planning the St. James Town Community Festival ('A World within a Block'), and look forward to celebrating the community each year in September

Pride 2015: 'Come OUT and play!'

Rain or shine, WHIWH CHC will celebrate our LGBTQ+ Pride! Our dedicated staff and community did not let the rain stop us from coming OUT to play this year for the Dyke March! Together with the Black Coalition for AIDS Prevention (Black CAP) and the Alliance for South Asian AIDS Prevention (ASAAP), we jumped and waved through the parade route, joined in solidarity by many as we went on. We encouraged our community to get active while having tons of fun! Beach balls floated through our crowd and our T-Shirts prominently displayed the message: Play Well, Live Well! We can't wait to celebrate again next year!



Physiotherapy at WHIWH CHC

WHIWH CHC in partnership with Anishnawbe Health Toronto and Centre Francophone de Toronto has been awarded funding from the TCLHIN as a way to integrate Physiotherapy into primary health care settings. Funding supports collaboration for the adoption and integration of program-based Physical Therapy services across the 3 community health centres. This service delivery model aims to provide services that support quality of life enhancements. Physiotherapist will be available to provide clients with on-site assessment, diagnosis, and treatment including individualized exercise programs, self-management and education for those with chronic conditions, and self-management support for those with mobility and pain issues

Client Experience: Vasantha Krishnan

“Ten years ago I became a client. I have accessed the doctor, nurse, dietitian, counsellor, chiroprapist, social worker and the Yoga, Zumba, Tai Chi classes. I have been a health ambassador four times. I also attend most of the events or workshops at the Centre. I participated in the Gardening Group which was excellent.

Coming to the Centre has made a lot of difference to me. It allows me to come out of my house and avoid isolation. It gives me something to look forward to. Great exposure! I would have been lost in this country, not knowing anything or anybody. All the classes and Tai Chi has helped a lot. I made a lot of friends, and it has become a social outing giving me an opportunity to meet new people and learn a lot of things. I also get to meet the staff a lot more while I am here. I have been able to create a community here as it has become like my second home.

My experience at the Centre has been really good. The people are very courteous especially my doctor,

always taking the time to explain things to me. Everyone including the receptionist is so kind and caring. I have nothing negative to say. This is the best Women’s Centre in the world.

Social worker is a great guide and help. Everything is excellent and it is a very well-run Centre. I have referred so many people to the Centre because of my experience many people have come and stayed for that reason. Everywhere I go, I tell people about the Centre”



A Holistic Health Journey (Mental Health Week)



Through our Strategic Plan, WHIWH prioritized improving outcomes for clients with chronic conditions including mental health. WHIWH, led by mental

health team observed the National Mental Health Week May 4-May 8 2015, in a very special way. An open and safe space was created that allowed participants to engage in creative ways. Participants learned ways to cope with stress through meditation and participated in a Zumba class, explored commonly received messages about our anger response, participated in a writing workshop centred on various forms of expression, and experienced a day of fun-filled yet relaxing self-care activities. The success of this special event can be attributed to the concerted effort of all teams within the Centre, showing their commitment and dedication to promoting health and wellness.

This full week of events was a taste of more to

come. It allowed participants to begin discussions on combatting the stigmatization of mental health. As these discussions continue, we aim to increase self-awareness and empower individuals to lead a happier, healthier quality of life.



WHIWH Goes Global

As an official NGO of the UN Economic and Social Council (ECOSOC), WHIWH was invited to participate in the Fifty-Ninth session of the Commission on the Status of Women at the United Nations Headquarters in New York City from the 9th to 20th of March 2015. WHIWH Board members Karla Orantes and Vijaya Chikermane represented the Centre at this year's consultation.

Every year, representatives of Member States gather at the United Nations Headquarters in New York to evaluate progress on gender equality, identify challenges, set global standards and formulate concrete policies to promote gender equality and advancement of women worldwide. This year's main focus was on the Beijing Declaration and Platform for Action, including current challenges that affect its implementation and the achievement of gender equality and the empowerment of women. The Commission undertook a review of progress made in the implementation of the Beijing Declaration and Platform for Action, 20 years after its adoption at the Fourth World Conference on Women in 1995. The review (Beijing+20) also included the outcomes of the 23rd special session of the General Assembly and the first five-year assessment conducted after the adoption of the Platform for Action, which highlighted further actions and initiatives. The session also addressed opportunities for achieving gender equality and the empowerment of women in the post-2015 development agenda.



Research and Initiatives

Researcher-in-Residence:

To increase WHIWH research capacity, the Ontario HIV Treatment Network (OHTN) hired Shamara Baidoo-Boonso, PhD, as a Researcher-in-Residence, housed partly at WHIWH and at the OHTN. Shamara completed her PhD in epidemiology at Western University. Her research program focuses on HIV program science and health services research for African, Caribbean, and Black (ACB) communities. Program science is the systematic application of scientific knowledge to improve the design, implementation, and evaluation of health programs. Using a program science framework, Shamara is developing a research program based on designing, supporting the implementation of, and evaluating

interventions to prevent acquisition and transmission of HIV and other sexually transmitted infections (STIs) in ACB communities. Shamara is also working with WHIWH on several projects, e.g. the pilot testing of WILLOW, an evidence-based intervention that WHIWH would like to implement for our clients who are living with HIV. WILLOW aims to increase condom use and thereby reduce the risk of HIV re-infection and co-infection with other STIs as well as HIV transmission. Shamara is also capacity building WHIWH program and research teams on utilization of program science to support intervention development, implementation and evaluation.

African, Caribbean and Black (ACB) Women Taking Control over HIV/AIDS and their Sexual Health” initiative

WHIWH CHC was among the recipients of the Toronto Urban Health Fund for the “African, Caribbean and Black (ACB) Women Taking Control over HIV/AIDS and Sexual Health” initiative. A three year project which is delivered primarily by 15 trained Community Health Ambassadors. Over the last year, the Community Health Ambassadors surpassed our target of 20 workshops and delivered 55 workshops reaching out to 1885 community members. What an amazing team! Clearly, from the feedback shared by some of the recipients of these workshops goes to show that indeed we are creating awareness and generating community wide dialogue as intended. Fr. Michael of St Andrews Catholic Church had this to say when some of our Ambassadors delivered their workshop

on HIV stigma in their annual youth summit.

“Am honoured and cannot hide my tears of joy for the great people we had for our youth summit: Muluba and Denese you made me proud!!! Guys you are great and have a lot to give to our society.”

We are proud of the work our Community Health Ambassadors are doing in the community and the impact they are leaving behind! Women are the change the world needs to turn the tide of HIV and the change starts from within! We invite you to empower yourself by taking home some condoms located in the centre and coming in for an anonymous HIV test! [#knowyourstatusWHIWH](#)



Ontario Inter-faith Forum:

In May 2015, jointly with our partners African and Caribbean Council on HIV/AIDS in Ontario, Africans in Partnership Against AIDS and the AIDS Committee of Toronto held the first Ontario Interfaith Forum on HIV AIDS: Working together to address HIV related stigma - Compassion, Collaboration, Cooperation a forum that brought together faith leaders, community members and service providers. The forum explored the possibility of collaborations across sectors and among different stakeholders to build a HIV stigma free community. We hosted 96 people from across the province and from our evaluation feedback, 58%

strongly agreed while 39% agreed that the forum provided a platform for faith leaders, service providers and peers to learn and come up with strategies to address HIV related stigma in religious sectors. By fostering faith based networks in the ACB community and building long lasting relationships, faith leaders indicated that they are ready to work with WHIWH CHC and our partners in fighting HIV/AIDS Stigma. We are looking forward to more HIV related work taking place in faith communities and sectors.

Anonymous and Point-of-Care HIV Testing:

Our centre is one of the designated anonymous and point-of-care HIV testing sites in Ontario. We are expanding our HIV testing services by training 5 more staff from the community and research teams to move HIV testing into community settings. This will allow us to offer HIV testing outside the

centre e.g. during outreach, at community events and other community and organizational settings. Look out for our anonymous HIV testing campaign [#knowyourstatusWHIWH](#) which will be launched soon.

Love Positive Women, Linking to a Global Campaign:



The International Community of Women Living with HIV, ICW, organized a social media campaign “Love Positive Women” during the two weeks leading to the Valentine’s Day, 14 February 2015. WHIWH in partnership with the Community Worker Program at George Brown College organized an outreach program for Love Positive Women at George Brown College. We linked this event to our HIV testing and had the opportunity to do HIV prevention and anonymous testing on campus. On Valentine’s Day, the women had a show, where they did short turns, comic skits,



acts and a dancing competition. The winners of the dancing competition received mugs that were hand crafted by George Brown students.

One of the Community Health Ambassadors, Tumaini Lyaruu knitted some hearts for the campaign. Visitors to the centre, made a wish of love to positive women, used a clothes pin to pin their hearts on a clothing line, and took a picture of them with the heart and posted it on Facebook.

Knowledge Translation and Exchange Forum: Optimizing Research Uptake & Participation amongst African, Caribbean & Black People Living with HIV/AIDS in Ontario

WHIWH CHC and ACCHO, in partnership with Black CAP and APAA organized the annual research forum for African, Caribbean, and Black (ACB) people living with HIV. ACB Strategy Workers located in community based organizations across the province were encouraged to invite people living with HIV from their respective regions to attend the event. The event was held on March 27th & 28th at Ramada Hotel in Toronto. Approximately 80 people attended the forum, 90% being HIV-positive. The Forum Objectives included: a) Facilitate engagement between researchers and ACB people living with HIV; b) Share and discuss strategies and tools being developed to support peer (de)

briefing for Peer Research Associates (PRA) involved in research; and c) Share information and provide updates and/or findings on two national research initiatives that WHIWH is currently partnering on, The Canadian HIV Cure Enterprise (CanCURE) and The Canadian HIV Women's Sexual & Reproductive Health Cohort Study (CHIWHOS); Discuss impacts, if any, of shared research findings on the lives of ACB people living with HIV. One of the highlights that emerged from the forum is the high level of interest and support for efforts to find an HIV cure among ACB people living with HIV. This was voted as the topmost priority for research.

Chicks for Change – Fundraiser to support women living with HIV at WHIWH:

Friends since the second grade, Ajax residents, Shambe Mutungi and Emily Gawdunyk brought their passions together in hope of making a difference in their community. Wanting to build an annual event for young professional women of colour, the duo hosted their first annual Chicks for Change event in late



August to inspire and to raise funds for groups and causes that effect young women of today. WHIWH was the recipient of the first fundraising event of this dynamic group. Hosted at the beautiful Rotary Park Pavillion in Ajax, the event brought together a

variety of young women of all professional backgrounds to enjoy a dynamic fitness class by Dduka Fitness, share a delicious meal prepared by Red Snapper Cafe and hear guest speakers from Women's Health in Women's Hands (WHIWH) HIV outreach group. Having only just begun, it's certain that this was a great start of many more events to come by Chicks for Change. WHIWH

received \$500 raised through this event. The funding will help with the running of the Health Promotion and Skills Development group for African, Caribbean and Black women living with HIV.

Birthing Justice: Black Women, Pregnancy, and Childbirth

Black Women Birthing Justice is a collective of African-American, African, Caribbean and multiracial women who are committed to transforming birthing experiences for Black women. Many black women experience policing, coercion, and disempowerment during pregnancy and childbirth and are disconnected from alternative birthing traditions. The book, *Birthing Justice: Black Women, Pregnancy, and Childbirth* places black women's voices at the center of the debate on what should be done to fix the broken maternity system and foregrounds black women's



agency in the emerging birth justice movement. Mixing scholarly, activist, and personal perspectives, the book shows readers how they too can change lives, one birth at a time. Marvelous Muchenje and Logan Kennedy contributed a book chapter titled **"Beyond Silence and Stigma: Pregnancy and HIV for Black Women in Canada"**. The chapter highlights Marvelous' story as a Black woman living with HIV, as one illustration of the stories of millions of women who navigate the stigma of living with HIV and child birth.

Ontario AIDS Network: Honor Roll



We are very proud to announce that our Research and Program Manager Wangari Tharao was honoured by the Ontario AIDS Network for 22 years of work in the field of HIV/AIDS. She was presented with the Community Partners Award and joined the OAN Honour Roll on November 26th 2014. The OAN Honour Roll was created in 1996 and is inscribed each year with the names of individuals and organizations

that have enhanced the capacity of the community and province to respond to the HIV/AIDS epidemic in Ontario. The Honour Roll celebrates the pioneering work of individuals in developing the capacity of the community-based AIDS movement in Ontario and in improving lives of those impacted by the disease and the epidemic.

Publications in 2015

Loutfy, M., **Tharao, W.**, Logie, C., Aden, A. M., Chambers, L. A., Wu, W., Abdelmaseh, M., Calzavara, L. (2015). Systematic review of stigma reducing interventions for African/Black diasporic women. *Journal of the International AIDS Society*, **18**:19835

Massaquoi, N., (2015). Queer Theory and Intersectionality. In: James D. Wright (editor-in-chief), *International Encyclopedia of the Social & Behavioral Sciences*, 2nd edition, Vol 19. Oxford: Elsevier. pp. 765–770. ISBN: 9780080970868

Macdonald, M. E., Ng, R., Yudin, H. M., Bayoumi, M. A., Loutfy, M., Raboud, J., Khatundi, I. M., **Tharao, E. W.**, Brophy, J., Glazier, H. R., Antoniou, T. (2015). Postpartum Maternal and Neonatal Hospitalizations Among Women with HIV: A Population-Based Study. *AIDS Res Hum Retroviruses* 2015 Jul 28. Epub 2015 Jul 28.

Erin M Macdonald, Ryan Ng, Ahmed M Bayoumi, Janet Raboud, Jason Brophy, Khatundi-Irene Masinde, Wangari E Tharao, Mark H Yudin, Mona R Loutfy, Richard H Glazier, Tony Antoniou (2015). Adverse Neonatal Outcomes Among Women Living With HIV: A Population Based Study. *J Obstet Gynaecology Canada*; 37(4):302-9

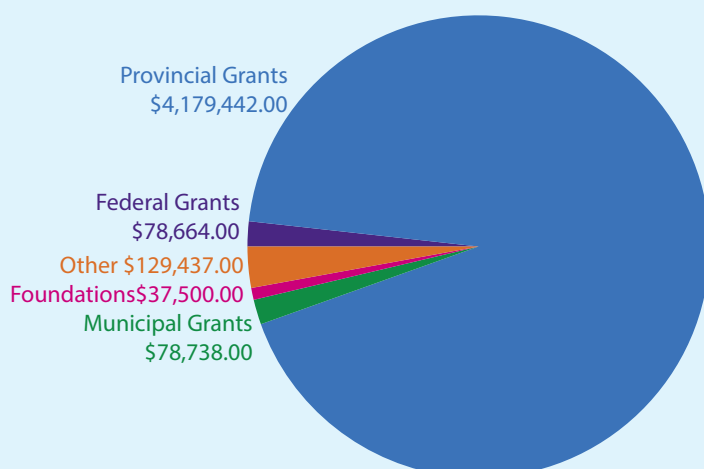
Muchenje, M., & Kennedy, L. (2015). Beyond Silence and Stigma: Pregnancy and HIV for Black Women in Canada. In J. C. Oparah, & A. D. Bonaparte, *Birthing Justice: Black Women, Pregnancy, and Childbirth*. Boulder: Paradigm Publishers. pp.81-89.

Summarized Financial Statement

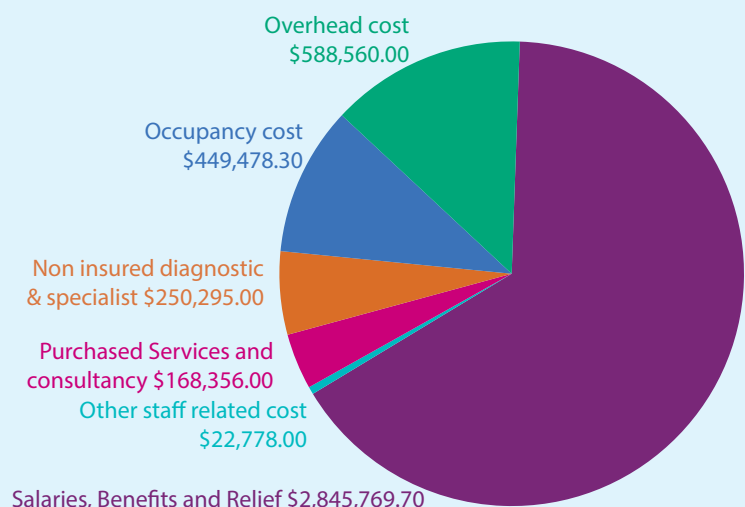
Women's Health in Women's Hands CHC -summarized statement of Revenue and Expenses for the year ended March 31st, 2015 (With comparative figures for 2014)

Expenditure	2015	2014
Salaries,Benefits and Relief	\$2,845,769.70	\$2,606,398.95
Other staff related cost	\$22,778.00	\$20,816.00
Purchased Services and consultancy	\$168,356.00	\$144,369.00
Non insured diagnostic & specialist	\$250,295.00	\$253,030.00
Occupancy cost	\$449,478.30	\$454,310.00
Other overhead cost	\$588,560.00	\$662,881.05
Total Expenditure	\$4,325,237.00	\$4,141,805.00
Revenue		
Federal Grants	\$78,664.00	\$78,664.00
Provincial Grants	\$4,179,442.00	\$4,059,789.00
Municipal Grants	\$78,738.00	
Foundations	\$37,500.00	\$75,000.00
Other	\$129,437.00	\$93,159.00
Total Revenue	\$4,503,781.00	\$4,306,612.00
Adjustments		
Transfer from/to Special Project Funds	\$ 8,966.00	\$92,517.00
Due to Central Local Health Integration Network	\$(179,127.00)	\$(248,518.00)
Due to Ministry of Health and Long Term Care	\$(8,383.00))	\$(8,806.00)
	\$(178,544.00))	\$(164,807.00)
Total Revenue minus adjustments	\$4,325,237.00	\$4,141,805.00

Revenue



Expenditure



Community Partners And Funders

We acknowledge the many stakeholders in the community who work with and alongside us in broadening our work to meet the needs of our growing client population. We recognize the importance of our many academic and community partners who continue to be instrumental in implementing service and creating spaces for us to meet the needs of racialized women.

Association of Ontario Health Centres

Across Boundaries

African and Black Diasporic Global Network on HIV and AIDS (ABDGN)

African and Caribbean Council on HIV/AIDS in Ontario

Africans in Partnership Against AIDS

AIDS Committee of Cambridge, Kitchener, Waterloo and Area (ACCKWA)

Hamilton AIDS Network

AIDS Committee of Ottawa

AIDS Committee of Toronto

Alliance for South Asian AIDS Prevention

AIDS Niagara

Anishnawbe Health Toronto

Black Coalition for AIDS Prevention

Canadian Association of Community Health Centres

Canadian Centre for Victims of Torture

Canadian HIV/AIDS Legal Network

Canadian Mental Health Association – Communities of Interest

Casey House Hospice

Canadian Public Health Association

Centennial College School of Community and Health Studies

Central Neighborhood House

Centre Francophone de Toronto

Centre for Urban Health Committee for Accessible AIDS Treatment

CIHR Canadian Clinical Trials Network

CIHR Social Science Research Centre in HIV Prevention, University of Toronto

Committee for Accessible AIDS Treatment (CAAT) Daily Bread Food Bank

El Tawhid Juma Circle

Ernestine's Women's Shelter

Fife House

For Youth Initiative

Fred Victor Centre

Health Access St James Town

Hospital for Sick Children

Humewood House

Interagency Coalition on AIDS and Development (ICAD)

Institute for Clinical Evaluation Sciences

La Passerelle-I.D.É.

LGBTQ+ Settlement Network Toronto

Maple Leaf Clinic

Margaret Fraser House
McMaster University
Mount Sinai Hospital
Midwives Collective of Ontario
Newcomer Women's Services
Ontario Coalition of Agencies Serving Immigrants
Ontario HIV Treatment Network
Ottawa Children's Hospital
Ottawa University
Parkdale Community Health Centre
People to People Aid Organization (Canada)
Planned Parenthood of Toronto
Positive Living Niagara (PLN)
Ryerson University Faculty of Social Work
Sherbourne Health Centre
St James Town Community Corner
St. Joseph's Hospital
St. Michael's Hospital
Taibu Community Health Centre
Teresa Group
The AIDS Network, Hamilton (The Network)
The 519 Church Street Community Centre
The Redwood
Toronto HIV/AIDS Network
Toronto Newcomer Strategy: Health Pillar Committee
Toronto People with AIDS Foundation
Toronto Public Health
Unison Health and Community Services
University Health Network
University of Toronto Bloomberg Faculty of Nursing
University of Toronto Centre for Community Partnerships
University of Toronto Factor Inwentash School of Social Work
University of Toronto Faculty of Medicine
University of Toronto, Dalla Lana School of Public Health, University of Toronto
York University Faculty of Health, School of Nursing
York University Faculty of Social Work
Women's College Hospital
Women's College Research Institute

Funders

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WHIWH-CHC staff list

Abas, Sherry - Administrative Assistant
Balachandran, Sugirtha - Nurse
Brereton Letitia - Receptionist
Caetano, Marilene - Nurse
Caro, Erika - Dietician
Curling, Deone - Therapist
Donaldson, Simone - Intake Counselor
Felicien, Marie Claud - Registered Practical Nurse
Flores, Rosa Maria - Receptionist
Gichuki, Mercy Lilian - Project Coordinator
Goodluck, Monika - Programs & Communications Manager
Green-Walker, Lori-Ann - Acting Executive Director
Jara, Angela - Receptionist
Jessamy, Nalya - Physician
Jewell, Kristyn - Physician
Jeyachandran, Ishara - Financial Coordinator
Kalonga, Tchela Louise - Clinical Secretary
Lala, Anu - Therapist
Lewis, Cassie - Receptionist
Luengo, Carolina - Nurse
Malatesta, Nicole - Volunteer Engagement Coordinator
Malhotra, Sonia - Physician
Massaquoi, Notisha - Executive Director
McPherson, Corrine - Administrative Coordinator
Motran, Ashley - Dietician
Muchenje, Marvelous - Community Health Coordinator
Prieto, Raelene - Therapist
Ramesh, Jothisree - Clinical Services Manager
Rana, Jesleen - Physician
Samayoa, Claudia - Clinical Secretary
Sarvat, Seema - Chiropodist
Saunders, Megan - Physician
Sivakumar, Eesananthini - Receptionist
Tharao, Wangari - Programs & Research Manager
Vahidi, Nassim - Community Health Worker
Vandahl, Julie - Nurse Practitioner
Vera-Espinola, Kellita - Administrative Assistant
Villanueva, Fernanda - Health Promoter

Student Placements

Emily, Kim
Jennifer, Adada
Amal, Mohammed
Cindy, Lee
Kelly, Harbinson
Andrea, Skinner

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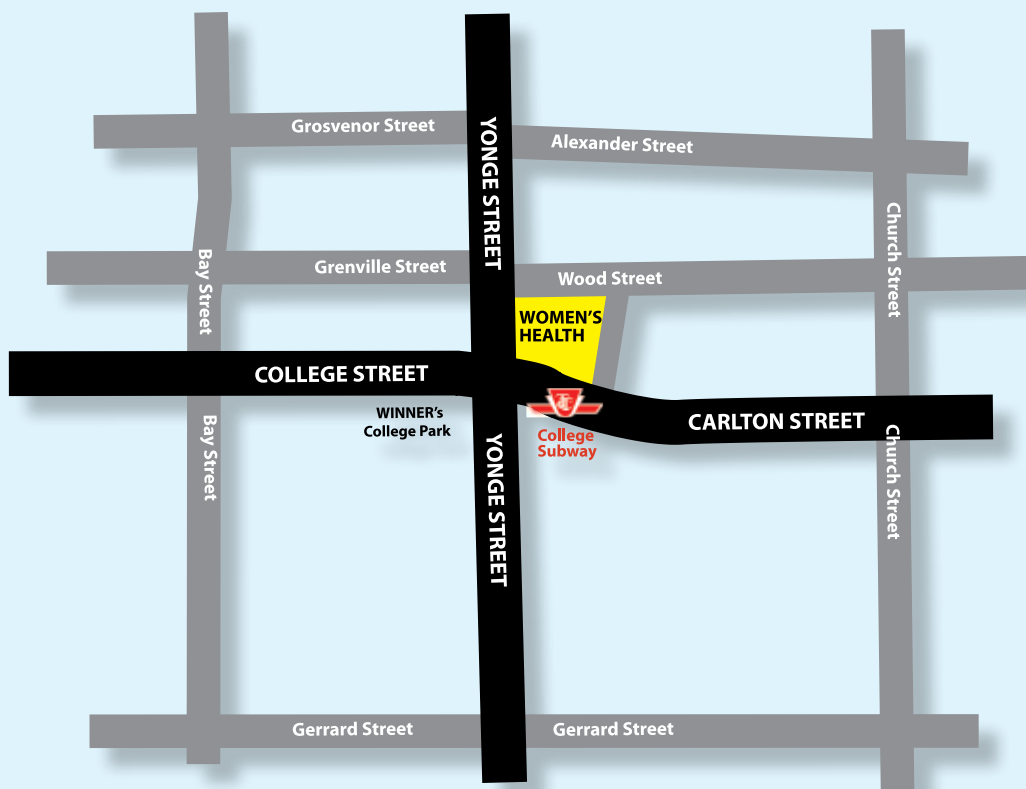
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www.whiwh.com
twitter.com/WHIWHCHC

Hours

Mon - Thur: 9:00 am to 8:00 pm
Fri: 9:00 am to 5:00 pm
3rd Sat. of the Month: 10:00am to 4:00 pm

Location Map







WOMEN'S HEALTH
IN WOMEN'S HANDS
COMMUNITY HEALTH CENTRE
INCREASE • INNOVATE • IGNITE

Poverty unevenly
impacts women, racialized
people, and newcomers
#ShiftTheConversation
#CHWW2014
@WHWHCHC