



WOMEN'S HEALTH
IN WOMEN'S HANDS
COMMUNITY HEALTH CENTRE
INCREASE • INNOVATE • IGNITE



ANNUAL REPORT 2017

25

YEARS OF
ADVOCACY





**WOMEN'S HEALTH
IN WOMEN'S HANDS
COMMUNITY HEALTH CENTRE**
INCREASE • INNOVATE • IGNITE

THE MANDATE

of Women's Health in Women's Hands (WHIWH) Community Health Centre is to provide primary healthcare to racialized women prioritizing those from the African, Black, Caribbean, Latin American and South Asian communities in Toronto and surrounding municipalities. We are committed to working from an inclusive feminist, pro-choice, anti-racist, anti-oppression, and multilingual participatory framework in addressing the issue of access to healthcare for our mandated priority populations encompassing age, gender, gender identity, race, class, violence, sexual orientation, religion, culture, language, disability, immigration status and socio-economic circumstances.

OUR COMMITMENT

- Working together as a multidisciplinary team to provide quality health care.
- Addressing the issue of access to health care for racialized women taking into account the social determinants of health.
- Developing strategies to remove the barriers embedded within the healthcare system which strongly influence how one experiences health and how one is treated by the health care system.
- Advocating for and with our communities for change.
- Participating in community activities which create the social and environmental conditions that promote health and wellness.
- Enhancing women's sense of well being in an atmosphere that allows us to validate each other's definitions and experiences.
- Supporting women's right to make informed choices about our health.

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25

YEARS OF
RESISTANCE





Message from the Executive Director and Board Chair

From its very beginnings, Women's Health in Women's Hands Community Health Centre has been committed to providing the best healthcare possible for racialized women. That commitment is borne out of our values and fight for equity and social justice. Over the past 25 years we have seen the difference we make in the lives of the women and trans clients we serve. As we look ahead to the next 25 years we are inspired by the resilience we witness in our clients. We are reenergized by the passion and commitment of our staff and volunteers and we are ready to do our part to create the most effective, most sustainable health system that delivers the highest quality care to all Ontarians.

Today as we reflect on the history of Women's Health in Women's Hands we are struck by the consistent theme that emerges again and again, the fact that we are

trailblazers and leaders in the provision of healthcare for racialized women. We have many firsts to be proud of such as the first FGM program in Canada, the first HIV program for racialized women in Canada and the first community based research program dedicated to the healthcare need of racialized women in the country. Over the years the basket of programs and services has grown and changed with the growing needs of our clients and their communities. Our centre, which humbly began with an Executive Director and a health promotion staff of 3, now houses more than 40 employees providing primary health care with over fourteen thousand visits annually. Our community development and health promotion programs reach racialized women at exceptional levels and our research department currently houses 32 studies in collaboration with researchers and academic institutions across the country. We continue to hold strong to our lofty vision of addressing issues of access to healthcare for racialized women and developing strategies for removing the barriers embedded within the healthcare system, which strongly influence how one experiences health and how one is treated in the healthcare system. Health equity remains a priority for all of us at WHIWH and the need to improve quality services for racialized women reminds us that the work that we do has never been more important as we wind down our 25th year.

As we have consistently done in the past, we continue to collaborate with other community organizations and networks, in an effort to expand our reach and enhance access to our services for more client who need us. As a result of such partnerships our programs and services are delivered in multiple locations in the community. We have also expanded our use of online platforms and social media to increase community engagement and share information with our clients and broader stakeholders.

25 years ago four incredible women claimed the name Women's Health in Women's Hands for our organization



and fought tirelessly to secure funding for a health centre that was dedicated to the lives of racialized women in Toronto. Original staff members Carol-Ann Wright, Joan Grant Cummings, Vuyiswa Keyi and Executive Director Anne-Marie Gardner set the stage for what was to become a legacy of advocacy and resistance that WHIWH is renowned for. After 25 years we are still confident that we will live up to this legacy and will continue to inspire and lead the way for others to provide racialized women with the very best healthcare Canada has to offer. We continue to imagine a world where every woman is valued and cared for and we are inspired by the dreams and passions of our predecessors for an equitable healthcare system. We will continue to define the meaning of excellent primary health care for racialized women and their families and will confidently redefine the meaning of advocacy for our communities. We know WHIWH is making a positive difference in the lives of women but we also know that the fight for equity in healthcare is still a long road to travel. We are therefore grateful for your confidence and support on this part of our journey. We are proud of our history and we look forward to our future because all of our lives as women are important and we matter.

Notisha Massaquoi
Executive Director

Suja Suntharaligham
Board Chair



First Executive Director
Anne-Marie Gardner

WHIWH BOARD OF DIRECTORS



Suja Suntharaligham
Chair



Sarah Beech
Vice-Chair



Cherry Leung
Treasurer



Renatta Austin
Secretary



Victoria Morena
Member at Large



Maria Stevens
Member at Large



Rumana Chowdhury
Member at Large



Manisha Dias
Member at Large



Mahima Madhava
Member at Large



Faith Musasa
Board Nominee



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STRATEGIC PLAN 2016-2020

GOAL To increase access to and provide primary healthcare for racialized women from Black, Caribbean, African, Latin American and South Asian communities in Metropolitan Toronto and surrounding municipalities.

Dimensions of Care

CLIENT CENTRED CARE • EVIDENCE BASED PRACTICE • QUALITY SERVICE DELIVERY

Strategic Directions

- 1** WHIWH will extend its role as an expert and leader in the delivery of high-quality, evidence-informed primary health care for racialized women
- 2** WHIWH will deepen its response to emergent priority populations, with a focus on racialized youth, seniors, refugee women and women with complex care needs/multiple co-morbidities
- 3** WHIWH will sharpen its focus on addressing the social determinants of health as fundamental to improving the health outcomes and health equity for racialized women

Long Term Outcomes

- Safe healthcare and the reduction of barriers to health at WHIWH and in the health care system more broadly
- Improved health indicators/outcomes
- Improved Social Determinants of Health outcomes/indicators
- Improved access to information - on how to have good health/what good health means - for racialized women and their families
- Improved access to information - on what services are available and access to support when needed for racialized women and their families
- Smoother and more seamless transitions and navigation between health and social system and services

CLIENT CENTRED CARE

Highlights from the 2016/17 client survey.
300 Clients participated this year. Here is what they had to say

“As a woman of color I have had a hard time navigating the health care system and finding a doctor that allows me to take an active role in my health management. I often feel very uncomfortable going to male doctors and this is the first time I have ever been able to see a female doctor who is also a person of color. I feel like the doctors at WHIWH really care about the clients and do not rush us out of the office. They also listen to my concerns and are looking for the best possible solution to my health issues that will both support my health and that I will be comfortable with. This is the first time in my life where I feel completely respected. This clinic gives women of color dignity and support when in so many other areas of our life we may not have that. I just wish there were more of these across the country to serve more women.”

88% felt that WHIWH services helped improve their health and wellbeing,

88% strongly agreed that WHIWH has a positive impact on their community

92% indicated that they receive services in language of choice.

88% felt their health care provider always explains things in a way that is easy to understand

80% indicated health centre staff are easy to talk to and encouraged them to ask questions.

72% indicated that staff informed them about treatment options available and involved them in decision making about the best option.

83% felt that health centre staff spend enough time with them during an appointment

87% of the clients were satisfied with the extent WHIWH staff listen to them.

89% felt that centre staff treated them with respect.

96% of the clients felt comfortable and welcome at WHIWH

93% of the clients strongly agreed that they would refer a family member or friend to WHIWH.

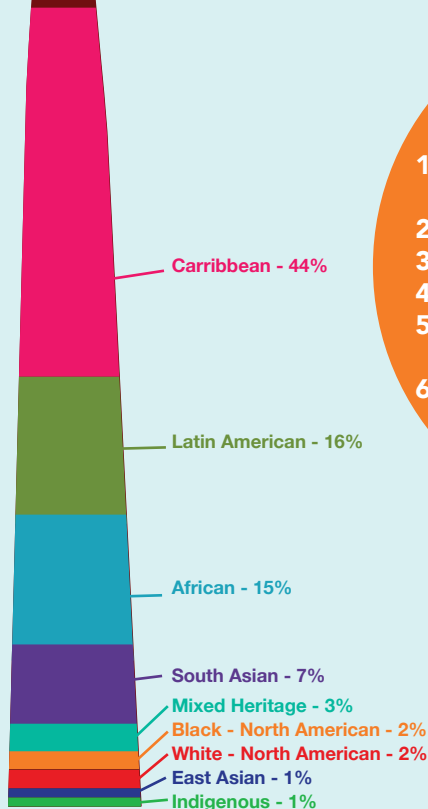
89% of our clients with diabetes received Inter professional diabetes care

83% of our clients were screened for cervical cancer





Client Ethnicity
(self reported)



**Number of
Registered
Clients
3399**

**Number of
Client Visits
13,096**

Top 10 Reasons for Visit

1. Type II Diabetes
2. Food Insecurity
3. Depression
4. Anxiety
5. Periodic Health Exam
6. Prenatal Care
7. Hypertension
8. Cervical Cancer Screening
9. Immigration Issues
10. Reproductive Health

400 Clients access
of food bank every
month - 4650
family members
benefit annually

Top 10 Countries of Origin

1. Canada
2. St. Vincent and the Grenadines
3. Jamaica
4. St. Lucia
5. Mexico
6. Grenada
7. Trinidad and Tobago
8. Columbia
9. Nigeria
10. India/Kenya /Syria

Top 10 Languages

1. English
2. Spanish
3. French
4. Arabic
5. Portugese
6. Amharic
7. Hindi
8. Swahili
9. Tigrinya
10. Urdu

QUALITY SERVICE DELIVERY

Life Style Coach Program

This is a new initiative within our Diabetes Prevention Program at WHIWH. This unique program provides clients who are pre-diabetic or at risk of diabetes with one-on-one support on healthy eating, physical activity and stress management to help them with diabetes prevention. This program is helping clients develop individualized strategies and goals to empower clients as they transition into healthier lifestyle. The Healthy Eating and Stress Management workshops provide our clients with the knowledge they need to care for their mental and physical wellbeing. The Lifestyle Coach motivates and encourages clients to be more focused on following a balanced diet, exercising regularly and practicing self-care. This program addresses the person as a whole and explores the underlying factors and challenges of a client's daily life and obstacles that are in the way of making healthier lifestyle changes.



Connecting the Dots

WHIWH ran a four-week series called 'Connecting the Dots' to coincide with Black History Month. The goal was to remind individuals of how culture can play a huge role in facilitating mental wellness for themselves and their community. Our group drew from strengths and examples found within Black History to showcase resilience. Participants created a safe space in which to share lived experiences and curate conversation about issues that were close to their hearts.

Seniors Rights 101



We hosted a workshop to ensure clients were educated on their rights and how best to navigate end of life care. Topics covered, ranged from power of attorney, caregiver rights, Canadian pension plan, and wills. We had presentations from the Hospice Palliative Care of Ontario and from Advocacy Centre for the Elderly.



3rd Annual Mental Health Day Celebration

The focus of our mental health day incorporated an awareness of how mental wellness can be affected not only for individuals, but also our loved ones abroad. We began our day with speakers who facilitated conversation around self-care, and later moved into our usual self-care fair and wall of hope called “Heal Ourselves, Heal the World”. As a new edition, we provided participants a “Zen Room” in helping initiate quietness of the mind



South Asian Heritage Event

In celebration of South Asian Heritage Month, we hosted a South Asian Heritage Event on May 30th to celebrate South Asian culture and recognize the contributions and achievements of South Asians both in Canada and across the world. Activities included a presentation highlighting

the achievements and challenges faced by South Asian communities, Bollywood dance performances, henna, and an opportunity to explore traditional South Asian cuisine.

Yoga Therapy: one on one sessions

The most authoritative text in yoga reminds us that “application of yoga should be according to the constitution of the Individual” (yoga sutra 3.6). At Women’s Health in Women’s Hands, each client in our one on one program receives a customized home practice which honours their physical, mental, emotional, psychological and the deepest most layers --- the bliss body as yoga calls it. In these sessions, the clients are assessed according to yogic and ayurvedic principals and are offered tools. This complete and comprehensive system complements other therapies/treatments and strengthens the individual from the core!



Single Session Therapy

Women's Health in Women's Hands now offers Single Session Therapy appointments. Through this innovative program, clients who are either waiting on the waitlist for therapy, dealing with an unexpected difficult situation or simply in need of emotional support, can access therapy with a trained therapist immediately. In order to make our mental health services more accessible and accommodate the demand for our services, these Single Session Therapy appointments have now been made available to clients several times a week.



Volunteer Appreciation Day

WHIWH hosted a Volunteer Appreciation Day to celebrate and recognize the people whose efforts are making a difference in lives of the women we serve. Our volunteers contribute countless hours each year to programs taking place at the centre. From helping in the food bank to sitting on our board, the many ways that volunteers make a difference is as diverse as the backgrounds of the volunteers themselves. Thank You!



Have Faith in Healthy Living Ambassador Program

As part of our Diabetes Prevention initiative, “The Have Faith in Healthy Living” ambassador program aims to support leadership development among women by training them to deliver workshops in their communities on healthy living. Earlier this year 27 community health ambassadors delivered “Healthy Families” workshops to educate their communities on healthy eating, physical activity, and stress management as a family. In partnership with St. James Town, 20 Community Health Ambassadors over the summer led walking groups in their neighbourhoods to encourage physical activity in their communities and provide their participants with the tools and resources needed to continue to incorporate physical activity in their everyday routine. Overall, the program was very successful which was largely attributed to our highly motivated and active ambassadors.



St James Town Festival: Celebrating A World Within A Block

Each year, the St James Town Service Providers Network (SJTSPN) hosts a festival in the community. As a member agency of the SJTSPN, Women's Health in Women's Hands Community Health Centre provided diabetes screenings, supported residents in sharing talents/performances, and much more. The annual St. James Town Festival celebrates 'a world within a block', highlighting rich diversity in a vibrant community. The event is a fun way to build community spirit, and allows residents to connect with services and programs available to them. Growing in size every year, the Festival has consistently been a successful way to bring our community together, learn about our neighbours, and have fun! WHIWH CHC is excited to be a part of the planning committee every year. See you in 2018!

Rexdale Women's Centre Collaborative



WHIWH was invited to give an inter-collegial presentation at Rexdale Women's Centre in alignment with their Domestic Violence Collaborative where over 30 inter-

agency/Rexdale Hub frontline partners engaged in training on the WHIWH model of mental health care. Participants engaged in powerful discussions geared toward operationalizing the practice of trauma informed and culturally competent service provision in tangible, effective and "hands on" ways.

Association of Ontario Health Centres Conference

Women's Health in Women's Hands participated in the annual AOHC Conference this year and the topic of the conference was "Shifting the Conversation." Our presentations at the conference were geared toward shifting the conversation around collaborative practice and the benefits of inter-organizational partnership and visioning of successful strategies for client care. WHIWH staff Raelene Prieto, Denese Frans and Isabel Nantaba represented us well with presentations on the WHIWH Mental Health and HIV Models for the care of racialized women.



Think Globally Act Locally

International Congress of Midwives



We had the opportunity to present our midwifery partnership model of care at The 31st International Congress of Midwives which took place in Toronto this year with over 4,000 midwives, partners, stakeholders in midwifery, and civil society organizations in attendance. The Congress, was a lightning rod for education, information-sharing, networking and strategizing on the role that midwives will play over the coming years in sexual, reproductive, maternal and newborn health. Our plenary session Wrapping Our Arms Around the World. Midwifery, Cultural and Community Partnership

Responses to Violence and Trauma: the Case for Trauma-Informed Care was delivered in partnership with Indigenous Elder Tekatsitsiakawa “Katsi” Cook of the NoVo Foundation in New York and Jay McGillivray of the St. Michaels Hospital Positive Pregnancy Program.

Likhaan Centre for Women’s Health

This year we had the pleasure of hosting Coordinators from Likhaan Centre for Women’s Health based in Manila, Philippines. Likhaan is a collective of grassroots women, men, health advocates and professionals dedicated to promoting and pushing for the health and rights of disadvantaged women and their communities. Established in 1995, they have developed models of care that help harness the social creative powers of women and young people.





North American Refugee Health Conference

WHIWH therapists' Raelene Prieto, Anu Lala and Deone Curling presented a workshop at the North American Refugee Health Conference in Toronto hosted by the University of Toronto. The presentation was entitled "One Size Does Not Fit All: Multi-Faceted approach to Mental Health with Refugee Women." The workshop showcased Women's Health in Women's Hands inclusive, feminist pro-choice, anti-racist, anti-oppressive and participatory mental health framework. Culturally adapted mental health modalities such as Art Therapy and Prolonged Exposure were used as examples to illustrate the diversity of care offered at WHIWH. The presentation was well received by the international audience.



Queens Park Visits WHIWH - CHC



interprofessional care teams across Ontario that are delivering care to more than four million people. Ontario is investing \$248.4 million over the next three years to:

- Support existing teams, including recruiting new staff and retaining current health care workers
- Create new care teams across the province so that every region in Ontario has at least one team



WHIWH had the pleasure of hosting two provincial government announcements and press conferences this year. On behalf of Dr. Eric Hoskins, Minister of Health and Long-Term Care We were pleased to welcome John Fraser (MPP Ottawa South) and Parliamentary Assistant to the Minister of Health, who highlighted Ontario's new investments in interprofessional care. Health care teams bring together a diverse group of health care professionals to help meet the individual and often complex needs of patients. These teams can include doctors, nurse practitioners, registered nurses, physician assistants, dietitians, pharmacists, mental health workers, social workers, psychologists, physiotherapists, chiropractors and other professionals. There are currently 294





Ontario is giving women more choice over their reproductive health by making Mifegymiso, a safe and effective medical alternative to surgical abortion, available at no cost.

The Honorable Indira Naidoo-Harris, Minister of the Status of Women, on behalf of Dr. Eric Hoskins, Minister of Health and Long-Term Care, made the announcement at Women's Health in Women's Hands that, as of August 10, 2017, women with a valid health card and prescription from their doctor or nurse practitioner will be able to get the drug for free at participating pharmacies across the province. Mifegymiso is taken to medically terminate an early pregnancy. It is a safe, effective and non-invasive alternative to a surgical abortion that women can administer themselves. By making it available at no cost, Ontario is giving women more autonomy around their reproductive health, removing a financial barrier, and increasing equity of access to abortion -- particularly in rural and remote areas



HIV Research and Initiatives

WILLOW (Women Involved in Life Learning from Other Women) Pilot Test Project:



With financial support from the Women's Xchange program, Women's College Hospital, and REACH, a program of the Ontario HIV Treatment Network, we piloted WILLOW among 24 women living with HIV in Toronto. This is a small group intervention (8-10 women) delivered in four (4) sessions of four

(4) hours each. The intervention emphasizes: gender pride; supportive social networks; coping strategies to reduce life stressors; knowledge of Sexually Transmitted Infections (STIs), HIV reinfection and risk behaviors; communication skills and negotiation of safer sex while reinforcing proper and consistent condom use; and healthy and unhealthy relationships and their impact on women's ability to negotiate safer sex.

Through the pilot test, we have determined feasibility of the program, how it needs to be adapted to meet the needs of women in Toronto and the resources required to integrate it as one of the programs delivered for women living with HIV at WHIWH.

"....now I stand up, I am very **STRONG**, and I say **NO**. Even though I have a sickness, my life is different, I see my life in a different way 100% different way, I feel happy, more stabilized myself, I enjoy life. Thank you."

WILLOW Participant

"My experience going through **WILLOW** program was interesting and was very informative in the way that I happen to learn a few skills that I was lacking in my life. As well as being able to stand up for other women and help them achieve what they were lacking in their lives as well. Having to be able to negotiate for safer sex and condom use, as well as being able to support other community members besides them supporting themselves"

WILLOW Participant

ACB Women Know your Status HIV Prevention Intervention/Project:



In the last year, we have been trying to increase uptake of HIV testing among African, Caribbean and Black women in the GTA by moving testing into settings where women congregate. With funding from Toronto Urban Health



(TUHF) and a catalyst grant from the Canadian Institutes of Health Research (CIHR), we partnered with a number of community-based organizations to develop and pilot test an intervention that moves HIV testing into settings where women carry out their day-to-day activities. We offered Point-of-Care (POC) HIV testing in events such as: Pride's Dyke March and Blockorama,

AfroFest, Rastafest, BrAIDS for AIDS Braid-a-thon, and the Scarborough Afro-Carib Fest. We facilitated HIV prevention workshops and offered POC HIV testing on-site. In a period of 3 months (July – September) we tested 149 women for HIV.

96% of participants who got tested strongly agreed and agreed that they were satisfied with their experience of getting a rapid HIV test. Below is what some participants said about the testing:

"It was humorous, the facilitators were very knowledgeable. I learned that people who have AIDS could go back to having HIV. I was happy to get tested, I felt relieved after."

"It was fun! Fun! I learned a lot and was happy to get tested after. I learned so much!"

We are now exploring other sources of funding to expand this very successful pilot project.

HIV Disclosure Intervention and Toolkit:

This project had great impacts on both people living with HIV and their service providers. In the past year, we reached 636 service providers, academics, and students and educated them on the "HIV Disclosure Support Model".

This model was created and rolled out to provide support to people living with HIV contemplating disclosure to their partner and or child. In 2017, we spent a significant amount of time with 150 service providers at 11 different organizations across the province to implement the HIV Disclosure Model. Trained organizations include: African in Partnership Against AIDS; Black CAP; Theresa Group; AIDS Committee of Ottawa; AIDS Committee of York Region and Gilbert Centre; The AIDS Network; Regional HIV/AIDS Connection; Peel HIV/AIDS Network; AIDS Committee of Durham; and of course WHIWH.

This is a perfect example of how research knowledge can be used to develop a program, pilot test it to work out the glitches and kinks and roll it out to influence how disclosure is supported within organizations working with people living with HIV.

Projects with Basic Scientists:

In partnership with Dr. Charu Kaushic, McMaster University, we have been trying to find out whether different forms of birth control affect the risk of HIV acquisition.

We are also working with Dr. Kaushic and a number of community-based organizations to improve the vaginal health of women through utilization of either probiotics or topical estrogen. The aim of the study is to promote

positive, healthy changes in vaginal bacteria, in hopes of correcting conditions that can increase STI risk.

We are working with Dr. Rupert Kaul, University of Toronto to examine how having sex changes our immune systems both locally (in the genitals) and throughout the whole body, and how this changes the normal bacteria that are present in male and female genitals. Ultimately, we want to understand how all these changes added together can influence our risk of HIV transmission. Who would have thought having sex changes our immune responses?

What is new in research at WHIWH?

Connected to Care Project:

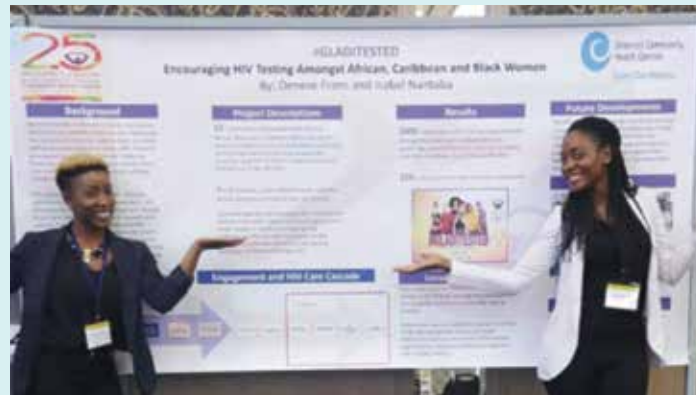
In 2016, we partnered with the Black Coalition for AIDS Prevention (Black CAP) and Africans in Partnership Against AIDS (APAA) to form a local alliance for a joint application for the Public Health Agency of Canada's Community Action Fund. Our alliance "Connected for Care: Supporting ACB Engagement in the Cascade" got funded. This alliance proposed three projects, each led by a member of the alliance but implemented collectively. We are excited to announce that from 2017 – 2022, we will be leading the development, pilot testing and rolling out a program/intervention to address internal stigma among ACB women living with HIV. We will also work with the Canadian HIV/AIDS Black, African and Caribbean Network (CHABAC) to adapt the intervention in other settings/populations across Canada.

ACB women Taking Control over HIV/AIDS and Sexual Health:

In the last three years, we successfully harnessed the strengths and resilience of ACB women, their communities, AIDS service organizations, cultural and spiritual leaders to implement a unique grassroots driven women's sexual health and HIV prevention program.

Grounded on the leadership, social and community-based networks of Community Health Ambassadors, we worked with ACB women across the City of Toronto and supported them with information and tools needed to support their sexual wellbeing and prevent HIV and STIs' prevention. We also worked with community organizations and academic institutions to ensure we are reaching ACB women in diverse settings.

Due to the success of this program, we have been funded for another three years. We will be recruiting more CHAs to expand our reach, as well as working with other organizations who work with ACB women and those interested in adapting the community health ambassador model.



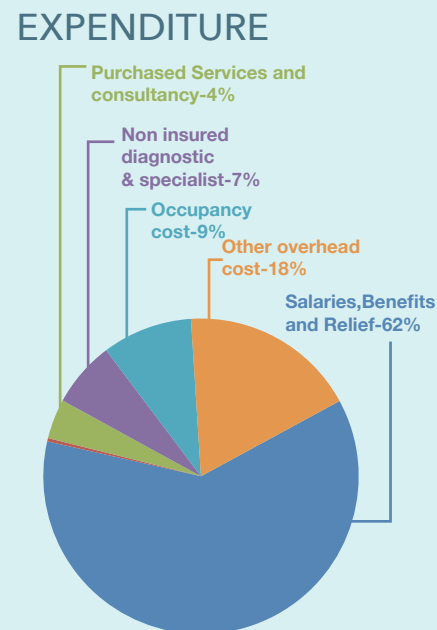
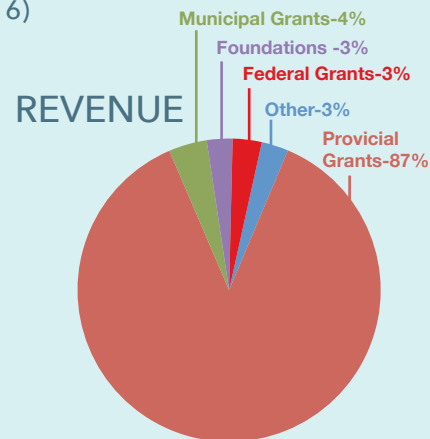


Financial Highlights:

Women's Health in Women's Hands CHC -summarized statement of Revenue and Expenses for the year ended March 31st, 2017 (With comparative figures for 2016)

Expenditure	2017	2016
Salaries,Benefits and Relief	\$3,059,661.00	\$2,930,314.00
Other staff related cost	\$16,653.00	\$15,198.00
Purchased Services and consultancy	\$203,293.00	\$175,668 .00
Non insured diagnostic & specialist	\$336,010.00	\$264,929.00
Occupancy cost	\$460,769.00	\$468,569.00
Other overhead cost	\$900,833.00	\$802,743.00
Total Expenditure	\$4,977,219.00	\$4,657,421.00
Revenue		
Federal Grants	\$148,987 .00	\$93,660.00
Provincial Grants	\$4,513,461.00	\$4,489,108.00
Municipal Grants	\$211,082.00	\$85,357.00
Foundations	\$142,158.00	\$37,500.00
Other	\$160,279.00	\$165,470.00
Total Revenue	\$5,175,967 .00	\$4,871,095.00
Adjustments		
Transfer from/to Special Project Funds	\$57,244.00	\$80,822.00
Due to Central Local Health Integration Network	\$131,362.00	\$126,822.00
Due to Ministry of Health and Long Term Care	\$10,142.00	\$6,030.00
	\$198,748.00	\$213,674.00
Total Revenue minus adjustments	\$4,977,219.00	\$4,657,421.00

Complete audited financial statements available upon request from the office of the Executive Director



THANK YOU!



It is with deepest gratitude that WHIWH-CHC would like to thank each and every Student Intern, Community Health Ambassador, Peer Leader and Volunteer. Your countless hours of dedication and commitment to the advancement of healthcare for racialized women is invaluable.

Student Interns

Monica Gill
Amanda Mitchell
Anna Fong
Natasha Lawrence
Ledya Mahadere
Stephanie Song
Alexandra Hanania
Marcela Boechat
Nora Elmi
Alessia Pompillio

Nasiba Mohamedali
Carina De Micheli
Ana Chiguichou
Ayesha Raza
Christine Yurkowski
Kikeomo Akinbobola
Antonia Sapping
Meg Casson
Michelle Stern

Sipra Das
Sumona Liza
Sunny Li
Tauseef Farooq
Urooj Feroz
Vaishnavi Srinivas
Vasanth Krishnan
Wendolyne Carballo
Zinat Nisha
Zoobia Safdar
Marjorie Kabahenda
Samantha Gikuihi

Junic Wambya
Beatrice Adokoroch
Maureen Arlain
Dakarayi Chigugudhlo
Chipso Mlambo
Chantal Carey
Dena Henry
Hella Fesahaye
Abinet Gebreegziabher
Tumaini Lyaruu
Chantal Mukandoli
Jasmine Opara

Community Health Ambassadors and Peers

Aniyka Tafari
Aparna Shukla
Asma Paracha
Babra Feroz
Bhoomi Patel
Cecilia Waigwe
Claire Reed
Deeksha Gupta
Enoidem Obot
Faiza Tariq
Farah Naz
Manzuman Ara
Mary Williams
Mona Abi-Abdallah
Niru Kumari

Nusrat Reshamwala
Prisca Irving
Priyanka Kunwar
Rasathy Yogarajah
Ratna Chaudhary
Rita Egas
Rizwana Zulfiqar
Sabitra Thapa
Saima Hasnat
Saima Saleem
Samiea Bashir
Sathya Srinivas
Seema Wani
Shabanna Musratt
Shahin Kausar

Volunteers

Jamie Fujioka
Saranya Balasubramanian
Marsha Porter
Chikerenma Umechuruba
Juliana Prospere
Stephanie Latty
Emely Zvimba
Mehathie Sivakumaran
Barkave Sathiyaseelan
Ann Oludoyi
Forough Armaghan
Veda Ramdial
Nadia Azim
Melissa Verch

Karla Arana
Zeenat Esmail
Ninoshka Lobo
Jamie Fujioka
Jasmine Opara
Sarah Olver
Natalie Johnson
Temesgen Johannes
Alejandra Guido
Dennis Tour
Vasanth Krishnan
Triti Khorasheh
Masuda Zaman
Ayan Jama



COMMUNITY PARTNERS AND FUNDERS

We acknowledge the many stakeholders in the community who work with and alongside us in broadening our reach to meet the needs of our growing client population. We recognize the importance of our many academic and community partners who continue to be instrumental in implementing service and creating spaces for us to meet the needs of racialized women.

Association of Ontario Health Centres
Across Boundaries
Access Alliance Multicultural Health and Community Services
African and Black Diasporic Global Network on HIV and AIDS (ABDGN)
African and Caribbean Council on HIV/AIDS in Ontario
Africans in Partnership Against AIDS
AIDS Committee of Cambridge, Kitchener, Waterloo and Area (ACCKWA)
AIDS Committee of Ottawa
AIDS Committee of Toronto
Alliance for South Asian AIDS Prevention
AIDS Niagara
Anishnawbe Health Toronto
Anne Johnston Health Station
Black Coalition for AIDS Prevention
Canadian Association of Community Health Centres
Canadian Centre for Victims of Torture
Canadian HIV/AIDS Legal Network
Canadian Mental Health Association – Communities of Interest
Casey House Hospice
Canadian Aboriginal AIDS Network
Canadian Public Health Association

Canadian Positive People's Network,
Centennial College School of Community and Health Studies
Central Neighborhood House
Centre for Addiction and Mental Health
Centre Francophone de Toronto
Centre for Research on Inner City Health, St. Michael's Hospital
Centre for Urban Health Committee for Accessible AIDS Treatment
CIHR Canadian Clinical Trials Network
CIHR Social Science Research Centre in HIV Prevention, Committee for Accessible AIDS Treatment (CAAT)
Daily Bread Food Bank
El Tawhid Juma Circle
Ernestine's Women's Shelter
Fife House
For Youth Initiative
Fred Victor Centre
Hamilton AIDS Network
Health Access St James Town
HIV & AIDS Legal Clinic Ontario (HALCO)
Hospital for Sick Children
Humewood House
Interagency Coalition on AIDS and Development (ICAD)
International Community of Women Living with HIV
Institute for Clinical Evaluation Sciences
La Passerelle-I.D.É.
LGBTQ+ Settlement Network Toronto
Maple Leaf Clinic
Margaret Fraser House
McMaster University
Mount Sinai Hospital

Michael Garron Hospital Department of Midwifery
 Midwives Collective of Ontario
 Newcomer Women's Services
 North York Women's Shelter
 Oak Tree Clinic, BC Women's Hospital
 Ontario Coalition of Agencies Serving Immigrants
 Ontario HIV Treatment Network
 Ottawa Children's Hospital
 Ottawa University
 Parkdale Queen West Community Health Centre
 People to People Aid Organization (Canada)
 Planned Parenthood of Toronto
 Positive Living Niagara (PLN)
 Positive Pregnancy Program
 Rexdale Women's Centre
 Ryerson University Faculty of Nursing
 Ryerson University Faculty of Social Work
 Sherbourne Health Centre
 St James Town Community Corner
 St. Joseph's Hospital
 St. Michael's Hospital
 Taibu Community Health Centre
 Teresa Group
 Times Change, Women's Employment Service
 The AIDS Network, Hamilton (The Network)
 The 519 Church Street Community Centre
 The Redwood
 Toronto HIV/AIDS Network
 Toronto Newcomer Strategy: Health Pillar Committee
 Toronto People with AIDS Foundation
 Toronto Public Health
 Unison Health and Community Services
 University Health Network
 University of Toronto Bloomberg Faculty of Nursing
 University of Toronto Centre for Community Partnerships

University of Toronto Factor Inwentash School of Social Work
 University of Toronto Faculty of Medicine
 University of Toronto, Dalla Lana School of Public Health,
 University of Toronto Faculty of Gender and Woman Studies
 York University Faculty of Health, School of Nursing
 York University Faculty of Social Work
 Women's College Hospital
 Women's College Research Institute
 World Health Organization, Department of Reproductive Health and Research

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Bradley, Renee -Nurse Practitioner
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Cheema, Mandeep -Physician
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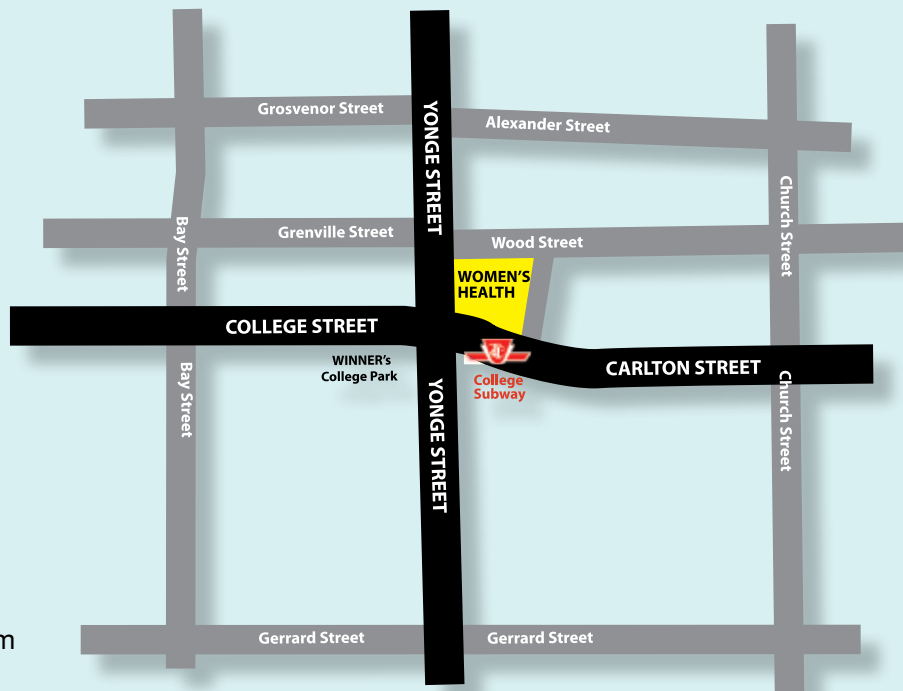
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Hours

Mon - Thur: 9:00 am to 8:00 pm
Fri: 9:00 am to 5:00 pm
3rd Sat. of the Month: 10:00am to 4:00 pm

Location Map





25
YEARS OF
ENGAGEMENT





WOMEN'S HEALTH
IN WOMEN'S HANDS
COMMUNITY HEALTH CENTRE
INCREASE • INNOVATE • IGNITE

